



*Welcome to*

# Toastmasters International

*Making Effective Communication*

*A Worldwide Reality*

**PUBLICATION**  
**June 2004**

**Club 4196 - Area 9**  
**Division P – District 60**

## **THE PHOENIX QUEST**

### **THE MISSION OF THE CLUB**

**The mission of a Toastmaster Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, in which in turn foster self-confidence and personal growth.**

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#### **On a personal note**

So this is it, “my” last Newsletter as Vice-President Public Relations. I will, however, be back under the title of President’s Seeds, writing ways to promote growth and expand the Phoenix Spirit. This Newsletter has been for me a revelation regarding my goal for perfection. Seeking perfection in every idea that I wanted to start was just an excuse for not moving ahead, literally discarding amazing experiences that would have helped me to grow. I finally realized that perfection, which is a relative state, could only be reached through mastery, and mastery is achieved by doing something over and over again. So action is the beginning of the path toward perfection, being the perfect way to get there! However perfection already exists, it is an intrinsic and inherent property of all that exist. From a thought preceding an idea to its existence in reality. So why should you reinvent something so fundamental? My message? Go for it. Do what is precious to your heart’s desire knowing that after all, everything will be perfect just the way it is suppose to be.

Cheers,  
*Pierre Perron,*  
*V.P. Public Relations Phoenix Toronto Toastmasters*

#### **I had been a Toastmaster for over two years but had never gone to conference**

Boy, was that a mistake! This spring I attended conference and had the greatest time but moreover gained a whole new perspective on the Toastmaster world of possibilities.

I was warmly greeted as a newbie with a blue ribbon that garnered me special attention and applause as well as a private reception with all of the district representatives and the International President Ted Corcoran. There was a theme dance on Friday night for a mixer that included dance lessons. Yee haw! The remainder of the weekend was filled with contests showing the talents of fellow Toastmasters and how hard work pays off. The lovely gala dinner with awards recognition on Saturday night. I was honored by a dance with Mr. Corcoran. The luncheons were delicious and entertaining. To say nothing of the many topnotch workshops. It was so hard to choose. Lectures and keynote speakers that moved you to tears with both their message and delivery. It was a sea of Toastmasters, truly shinning, happy people who were there to learn, grow, share and motivate.

The people I met and interactions were wonderful, even better was the fact that I was able to see the bigger scope of things that are in the Toastmasters world. I have already pre-registered for the Fall Conference right here in Toronto. I will not miss another and I encourage you to do the same. There are roles to fill, mountains to climb and a difference to be made! May your fires be lit as mine was.

*Carolyn Howard*  
*Toastmaster Member Phoenix Toronto Toastmasters*

### **Quotes of the Month**

"Don't ask yourself what the world needs - ask yourself what makes you come alive, and then go do it. Because what the world needs are people who have come alive."

*Harold Thurman Whitman*  
*Philosopher and Theologian*

"I make it very clear to every individual I am coaching, that the investment they make in themselves must receive Top Priority. When you GROW your entire world Expands...when you do not grow your whole world starts to become Very Small...that smallness reflects in all areas of life including your income."

*Bob Proctor*  
*Author and Personal Coach*

"Life is not a journey to the grave with the intention of arriving safely in a pretty and well preserved body, but rather to skid in sideways, thoroughly used up, totally worn out, and loudly proclaiming 'Wow - what a Ride!'"

*Peter Sage*  
*Entrepreneur and Speaker*

"How much of ourselves do we keep in the shadows, afraid of what others may think, of judgment, of scrutiny? What might happen if we let the light bathe us, expose our vulnerability, allow intimacy to take center stage, if only for a brief moment? What would they see?"

*Ridgely Goldsborough*  
*Author and Speaker*

### **Historically Speaking Part Three**

By September 1983, Phoenix had chosen Hollycrest Community School on Renforth Rd., as its permanent home for bi-weekly meetings. It too closed in the summers; however members had enjoyed the two months break, and decided to continue with the reduced summer schedule. It was the meeting room itself that left something to be desired. Hollycrest had been a Junior Public School. Professionalism amongst the little student desk was hampered – except during Table Topics when creativity blossomed. There was soon a promotion to the Home Economics room, then eventually a rise right to the top, the school library, where the club comfortably settled in. (To be continued)

*Rex French*  
*Toastmaster Member Phoenix Toronto Toastmasters*

## **Congratulation Sandy!**

Congratulation to Sandy Luke who won the prize for the Newsletter Name Contest. As you probably notice, our Newsletter will now be published under the name; "The Phoenix Quest". Thank to all of you who generously proposed so many names for the Newsletter.

## **Summer Meeting Location**

Starting July 13, our Club will meet at the Richview Public Library, 1806 Islington Ave. from 7:00pm to 8:30pm. The three other meetings are scheduled for July 27, August 10 and August 24.

## **Final Note**

I would like to thank the following Fellow Toastmasters for their contribution to the May Newsletter issue.

**Carolyn Howard**, for her article; *"I had been a Toastmaster for over two year but had never gone to conference"*

**Rex French**, for the "Historically Speaking Part Three" article as part of a series.

**Michelle Warren**, for proofreading my part of the Newsletter.

*Pierre Perron,*  
*V.P. Public Relations*