



*Welcome to*

# **Toastrasters International**

*Making Effective Communication*

*A Worldwide Reality*

**PUBLICATION**  
**March 2004**

**Club 4196 - Area 9**  
**Division P – District 60**

## **THE PHOENIX NEWSLETTER**

### **THE MISSION OF THE CLUB**

**The mission of a Toastmaster Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, in which in turn foster self-confidence and personal growth.**

#### **On a personal note**

With great pleasure, I'm stepping aside this month to give an opportunity to share his view of Toastmasters to one of our Fellow Toastmasters, Fred Berni. Enjoy!

Cheers,  
*Pierre Perron,*  
*V.P. Public Relations*

#### **How Toastmasters Can Boost Your Sex Life!**

I was thinking the other day, how the attitude you bring to Toastmasters can positively affect your sex life. I'll touch on that a bit later. First though, I'd like to share my feelings on how important the proper attitude is to success as a Toastmaster. I think the importance of having a positive attitude for success as a Toastmaster is no different than the importance it plays for success in business. Success can only come to those with the positive mind set. People that only focus on the dark side of life simply never see the opportunities available to them. They look at Table Topics as something to be avoided, rather than cherished. Not as an opportunity to grow and learn. When you have the wrong attitude, you tend to focus on past failures. You don't have any mental resources left for growth. Only by having a positive attitude for success, can we keep our minds open and receptive to new ideas. And that's what the evaluations are all about, right? One of the critical pieces needed to get all you can out of Toastmasters is having a positive attitude: keeping an open mind; always looking for ways to improve; listening to the others for that one nugget that makes the difference. The proper attitude makes the learning process so much more enjoyable. And that's why we all joined Toastmasters... to learn. And while we're at it, we may as well have fun. Oh yeah, I almost forgot. You're probably wondering how all this relates to boosting your sex life through Toastmasters. I'm not sure that it does, but wondering how helped you read the article with a positive attitude, didn't it?

Fred Berni

"If you got it, ask yourself why and try to repeat the action. If you failed, ask yourself why and try to learn from the experience."

--Dale Carnegie

## Quotes of the Month

"I have always believed, and I still believe, that whatever good or bad fortune may come our way we can always give it meaning and transform it into something of value."

Hermann Hesse  
1877-1962, Novelist and Poet

## Special Events

On Saturday, February 21st, 50 Toastmasters and friends descended on the Courthouse Chamber Lounge in downtown Toronto for some mingling and dancing. Over five clubs were represented at what was originally an Area 9 social, but what quickly transformed into a Toastmaster evening. Among the clubs in attendance were Toronto #1, Goodyear, Palace Place, eCommunicators, Toronto Debates, and of course, Phoenix-Toronto Toastmasters. I am happy to report, fellow Phoenix members, that we had the strongest attendance of all of the clubs, with members dancing into the wee hours of Sunday morning. New friends were made and existing friendships were strengthened during the evening. Plans are already in the works for a second "Toastmaster social" evening for April or May. Keep your dancing shoes shined and buffed for Part Two! Many thanks for helping make the Toastmaster Social one for the record books!

Cheers! Michelle

## Club Contest

Our club winners of the March 9th Contest were:

International Speech Contest:

First Place: **Janice Basili**

Second Place: **Carolyn Howard**

Evaluation Contest:

First Place: **Michelle Warren**

Second Place: **Carolyn Howard**

The next step for the first place finalists is to represent our club at the Area 9 Contest on Monday, March 29th. Please come out and show your support. As an added incentive to boost attendance, our club meeting for Tuesday, March 30th is canceled, to free you up to attend the Monday instead.

The division contest will be the Fri April 2nd, more info to come.

Many thanks to Terry Hawn for her amazing devotion to the success of the Club Contest; the evening was a huge success!

## **CTM Completion**

Congratulations to Janice Basili for completing her CTM designation. Janice delivered her speech #10 on March 2 and used a modified version to win the first place at the International Speech Contest. She also used the same speech as the target presentation for the Evaluation Contest! A memorable speech for Janice. Congratulations again on your personal achievement.

## **Final Note**

I would like to thank the following Fellow Toastmasters for their contribution to the February Newsletter issue.

***Fred Berni*** for the “On a personal note”.

***Michelle Warren***, for the “Special Events” and proofreading the Newsletter and adding the Toastmasters logo to the Newsletter.

*Pierre Perron,*  
*V.P. Public Relations*